

Curriculum Vitae

Angeli Maun Akey MD, FACP, ABIHM/ABOIM, ABAARM, IFMCP

PERSONAL INFORMATION:

Place of Birth: Elizabeth, New Jersey

Professional Address: North Florida Internal Medicine, PA (dba North Florida Integrative Medicine)
& Ageless Medical Solutions, LLC & Firrimup™ Doctors' LLC

6228 NW 43rd Street, Suite A and B

Gainesville, Florida 32653

Professional Phone: 352.332.4640

Professional Fax: 352.332.6604

Professional E-mail: nfimangeli@gmail.com

Personal Cell Phone: 352.316.1686

EDUCATION/ POST GRADUATE TRAINING:

Education

B.A. University of Florida – Gainesville, Florida. 1989

Major: Music, vocal performance

B.S. University of Florida – Gainesville, Florida. 1990

Phi Beta Kappa

Major: Interdisciplinary Basic Biological and Medical Science through
UF Junior Honors Medical Program (accelerated BS/ MD program)

M.D. University of Florida College of Medicine - Gainesville, Florida. 1993

Alpha Omega Alpha

Postgraduate Education

Yale-New Haven Hospital, Yale School of Medicine – New Haven, CT. 1993-1996

Internship and Residency in Internal Medicine

Hospital of St. Raphael, Yale School of Medicine - New Haven, CT. 1996-1997

Chief Medical Resident

Previous Positions: Employment & Academic Rank

Yale Medical School- New Haven, CT. 1996-1997

Clinical Instructor of Medicine

University of Clinical Associates - West Palm Beach, Florida. July 1997 – June 1999

Private Practice Internal Medicine

Palm Beach Institute of Preventive Medicine - Palm Beach Gardens, Florida.

October 1997 – June 1999

Founding Medical Director

North Florida Integrative Medicine (dba for: North Florida Internal Medicine, P.A. formerly Angeli
Maun Akey, M.D., P.A.) – Gainesville, Florida

October 2000 – present

Founder and Medical Director

Private Practice Primary Care Internal Medicine

Ageless Medical Solutions, L.L.C.
(Formerly Ageless Medical Spa LLC)

2002 to present

Founder and Medical Director

Direct Access Wellness practice (focus on regenerative medicine and aesthetics)

FIRRIUp Doctors, LLC

2019 to present

co-founder

Telemedicine-based practice

Medical education business

Hospital Internal Medicine, P.A. - Gainesville, Florida. September 1999 – 2005

Part-time Hospital Based Internal Medicine (Hospitalist)

Hospital Medicine Group, P.L. – Gainesville, Florida 2014-2015

Part-time Night Hospital Based Internal Medicine (Nocturnist)

University of Florida College of Medicine 2008 - present

Volunteer Faculty/ Courtesy Clinical Assistant Professor

Board Certifications

American Board of Internal Medicine (ABIM)

1996 2006 2016

American Board of Anti-Aging & Regenerative Medicine (ABAARM)

2010

American Board of Integrative & Holistic Medicine (ABIHM)

2015

American Board of Integrative Medicine (ABOIM)

2017

Post graduate certifications

Traumatic Brain Injury 2016 (AMMG)
 Peptide certification 2019 (AMMG)
 Institute of Functional Medicine Certified Practitioner (IFMCP)
 2022

Professional Affiliations and Background

U.S. Public Health Service, Ensign, 1990-1993

Yale-New Haven Hospital
 1993-1996, House Staff, Dept. Of Internal Medicine

Hospital of St. Raphael, New Haven, Connecticut. 1996-1997, Medical Staff

Good Samaritan & St. Mary's Medical Centers, West Palm Beach, Florida. 1997-1999, Medical Staff

North Florida Regional Medical Center, Gainesville, Florida. 1999-present, Medical Staff

Shands at Alachua General Hospital, Gainesville, Florida. 1999-2006, Medical Staff

Academic Medical Experience

Yale School of Medicine, Clinical Instructor of Medicine, 1996-1997

Florida School of Acupuncture & Oriental Medicine, Faculty, 1999-2001

University of Florida College of Medicine, Volunteer Clinical Assistant Professor, 2008 to present
 University of Florida Medical School Interview Committee (assisting in the selection of UF medical school class) 2019

University of Florida College of Pharmacy, Volunteer Clinical Assistant Professor, 2012 to present

Professional Memberships

American College of Physicians – American Society of Internal Medicine 1993- to present

Florida Chapter of American College of Physicians
 delegate to the Florida Medical Association 2018, 2019

American Society for Lasers in Medicine and Surgery 2002 to 2006

American Academy of Anti-Aging Medicine 2008 to present

Florida Medical Association 1997 to present

American Medical Association
(intermittent membership, last 2017)

Alachua County Medical Society 1999 to present
(Board member 2000 to 2002)

Age Management Medicine Group 2010 to present

Anti-Aging and Regenerative Medicine (A4M) 2009 to 2013, 2022, 2023

Catholic Medical Association, St. Gianna Guild of North Central Florida of the CMA
founding president 2012 to present

Institute of Functional Medicine 2017 to present (IFM.org)

American Academy of Stem Cell Physicians (AAoSCP.com)

2018 Founding Board Member - 2020

Secretary of the Scientific Committee

member of the Membership Committee

author of adopted mission statement

“The mission of the American Academy of Stem Cell Physicians (AASCP) is to be the premier scientifically-based, non commercially biased medical organization for American physicians desiring to practice safe and effective cell-based therapies”

Chairperson of the Ethics Committee

Chairperson of the Immune, Inflammatory and Systemic Autoimmune Diseases Subcommittee

Clinical Peptide Society
Founding member 2019 to present

American Academy of Regenology

Founder and co-president

Feb 2023

Local Teaching Activities

Community based lecture series West Palm Beach 1997 to 1999

Florida School of Acupuncture and Oriental Medicine 1999 to 2001

Community based lecture series Gainesville Florida 2008 to present

Rotation site for 2nd and 3rd year UF medical students for outpatient primary care 2010 to present

Medical Residents in office for elective rotations in outpatient internal medicine 2008 to present
 PharmD students for elective rotations in outpatient internal medicine 2012 to present

ARNP students for elective rotation in outpatient medicine 2013 to 2019

Hospital based nursing CEUs at NFRMC: 2000 on osteoporosis, 2008 on women and heart disease,
 2010 on metabolic syndrome

Founded the math club at Queen of Peace Catholic Academy 2009 to 2010 for thirty elementary
 school children

Group Medical Visits at North Florida Integrative Medicine 2013 to present

Invited Medical Presentations

“Hormone Symphony Model for Patient Care, an integrative model for optimal health”
 Presented to Age Management Medicine Group (700 physician from 20 countries)
 November 2011 Las Vegas, Nevada

“Optimizing Hormonal Therapy in Men and Women”
 Presented to SEMAL (Spain Anti-Aging and Longevity Society aka Sociedad Espanola de Medicina
 Antienvejecimiento y Longevidad)
 October 2012 Barcelona, Spain

“28 Day Cleanse”
 April 2013 Miami, Florida
 Presented at luncheon conference to attendees of University of Miami’s iCAMP meeting

“Progesterone and the Brain in Men and Women”
 Presented to Age Management Medicine Group (400 physicians)
 May 2013 Hollywood, Florida

“Principles of Hormonal Optimization in Men and Women”
 XIII Congress of Aesthetic and Anti-Aging Medicine Warsaw 2013
 October 2013 Warsaw, Poland

“Intravaginal DHEA for Vaginal Rejuvenation”
 Presented to AMEC (Aesthetic and Anti-Aging European Congress)
 October 2013 Paris, France

“Neuroprotective Effects of Progesterone”
 Presented to ICAD (International Congress in Aesthetic Dermatology and Healthy Aging Medicine)

August 2014 Sao Paolo, Brazil

“Diabesity” and “Estrogen Metabolism”

Presented to ICAD (International Congress in Aesthetic Dermatology and Healthy Aging Medicine)
June 2015 Sao Paolo, Brazil

Whole Day Pre-conference on Bio-identical Hormone Replacement with Dr. Filomena Trindade,
MD

“Progesterone and PMS”

“Review of Strategies for Erectile Dysfunction”

“PMS, a Functional Medicine Approach”

Main Conference

“PMS and PCOS: Both Estrogen Dominance”

Presented to SEMAL (International Congress of Anti-Aging Medicine, Spain Anti-Aging and
Longevity Society aka Sociedad Espanola de Medicina Antienvejecimiento y Longevidad)
September 29 -October 1, 2016 Seville, Spain

“North Florida Integrative Medicine’s CABG Patch Intern Program”

Presented to University of Florida’s Primary Care Innovations Conference
March 10, 2017 Gainesville, Florida

“Natural Management of Polycystic Ovarian Syndrome”

Presented to the Catholic Medical Association national meeting
September 9, 2017 Denver

“Role of sex steroid hormones in Autoimmunity: new concepts”

Presented to SEMAL (Spain Anti-Aging and Longevity Society aka Sociedad Espanola de Medicina
Antienvejecimiento y Longevidad)
October 6, 2018 Valencia, Spain

“Autoimmune disease and peptide therapy” and “Estrogen Dominance”

Presented to SEMAL (Spain Anti-Aging and Longevity Society aka Sociedad Espanola de Medicina
Antienvejecimiento y Longevidad)
May 2019, Dominican Republic (first international congress)

“IV Nutritional Therapy: A Case Based Approach”

Presented to Boston BIOLIFE

October 4, 2019, Dallas, Texas

“Effect of Sex-Steroid Hormones on Fascia”

Presented to Age Management Medicine Group

October 2019, Phoenix, Arizona

“Hormones and Fascia”

Presented to Integrative Healthcare Symposium

February 2020, New York City

“Anti-Aging & Regenerative Medicine for Women”
Australia Women’s Health Symposium
Virtual Conference
February 2022

“Treating Long COVID with a Fascial Lens”
Presented to Integrative Healthcare Symposium
February 23, 2023, New York City

Teaching Activities

2019 and 2020 Treat Wellness Peptide MasterClass Virtual Teaching for Physicians

2021-22 Kick Covid to the Curb Study Group (journal club studying COVID, vaccines, treatment)
comprised of MD, MD/PhDs, and PhDs

Poster Presentations

Joseph Thornton, Angeli Maun Akey, Patrick Tomey. “The Role of Physicians in Execution”
October 2014, Orlando
Catholic Medical Association Annual Meeting

Mariela Nutter and Angeli Maun Akey, MD “Closing the Conscience Gap, Wholeness for Healers for Wholeness in Healing”
September 2015, Philadelphia, Pennsylvania
Catholic Medical Association Annual Meeting

Joseph Thornton, MD and Angeli Maun Akey, MD “The Role of Conscience in Protecting Patient Safety”
September 9, 2017 Denver, Colorado
Catholic Medical Association Annual Meeting
** awarded Honorable Mention Academic/Scientific Category

Joseph Thornton, MD and Angeli Maun Akey, MD “The Role of Catholic Physicians in Restoring Medical Ethics”
Catholic Medical Association national meeting
September 21, 2018 Dallas, Texas

Gordon, E. L., Feng, H. N., Dudamel, K. V., Shah, K. G., Maun Akey, A., & Hart, M. (2019). “Outcome evaluation of a medically supervised dietary detoxification program for adults in North Florida”
University of Florida Public Health Day 2019

Gainesville, FL.

American College of Physicians (ACP) Activities

Completed MKSAP (Medical Knowledge Self- Assessment Program)
in preparation of internal medicine board recertification in 2006, 2015

Attended Florida chapter meeting in 2003 in St. Petersburg Florida

Attended 2010 Florida chapter meeting in Ft Lauderdale Florida

Florida ACP key contact committee 2010 to 2011

Fellow American College of Physicians 2011

Delegate to Florida Medical Association meeting 2018

Florida Medical Association

Co-Author healthcare rights of conscience policy adopted 2015

ACP delegate 2018

Alachua County Medical Society Delegare 2022

FMA's Freedom Caucus secretary 2022-present

Institute of Functional Medicine Activities

Completed "Reversing Cognitive Decline" Course
certified in Bredesen's Protocol through IFM
September 2018

Publications

Maun, A.R., Pre professional Journal, University of Florida, 1987.
"Reforming the American Malpractice System"

Maun, A.R., Williams, R.S., Graber, B, Meyers, W.G., Obstetrics and Gynecology, 1994.
"The Passage of Florida's Statute on Assisted Reproductive Technology"

Morris, V.A., Maun. A.R, Cadman, E.C., Journal of Investigative Medicine, 1995.
*"The Effect of Graduate Education Reform on Resident Distribution and Replacement Costs at Yale-
New Haven Hospital and Southern Connecticut"*

Maun, A.R., JAMA, (Journal of the American Medical Association) 1996.
“Advance Directives”

Maun , A.R., & Concato, J., Annals of Internal Medicine, 1996.
“Diuretics, Beta Blockers, and the Risk of Sudden Cardiac Death in Hypertensive Patients” [Letter to the Editor]

Akey, Angeli Maun, On Call, 1998.
“Nutrition and Hormone Replacement Therapy”
[Palm Beach County Medical Society Journal]

Akey, Angeli Maun. House Calls, Fall 2007
“Evaluation of Subtle Aging Related Issues: A Paradigm for Assessment”
[Alachua County Medical Society Journal]

Book: *Fine-Tune Your Hormone Symphony* Nov 2011
 Audiobook 2012

Thornton, Joseph E. MD, Akey, Angeli Maun MD, Benton, Tom, MD, MPH, Gainesville Sun newspaper, Letter to the Editor “Assaulting religion does not remedy the assault on science”
 February 4, 2018

Gordon, E. L., Feng, H. N., Dudamel, K. V., Shah, K. G., Maun Akey, A., & Hart, M. (2019). *Outcome evaluation of a medically supervised dietary detoxification program for adults in North Florida*. Poster presented at the 2019 University of Florida Public Health Day, Gainesville, FL.

Book: *Kick Covid-19 to the Curb* May 2020
 Audiobook August 2020

Book: *Fascia, Function & Medical Applications* (co-editor) 2021
 Published by Taylor & Francis, CRC press

Book: *Fine-Tune Your Immune System* Oct 2021

Awards

University of Florida Hall of Fame 1990

St. Gianna Beretta Molla Award 2015
 for work for healthcare rights of conscience protection

Accepted award on behalf of the St. Gianna Guild

“Most Outstanding Guild of the Catholic Medical Association” 2016

Guardian of the Faith Award
Catholic Medical Association
2020

Citizenship Activities

Testified for freedom of speech for doctors
Florida Legislature
March 2022

PERSONAL INFORMATION:

Married 26 years to Tim Akey with two adult sons, Timothy aged 24 and Derek age 23

Enjoys reading, bicycling, swimming, sprint triathlons, piano and singing, prayer/meditation, medical education, mentoring pre-healthcare professional students and medical students